



B2L GYM SCHEDULE

Member offerings

WARRIOR FITNESS CLASSES:

Functional fitness + high intensity training

Monday - Friday: 5am & 6am

BARBELL CLUB:

Tuesday: 6pm

Saturday: 7am

OPEN GYM: (No trainer present)

Monday - Thursday: 8:00am - 5:00pm

Friday: 8:00am - 4:00pm

(Paying Members: 24/7 Access)

CORE SCULPT:

Saturday: 10am

COMMUNITY CLASSES

YOGA CLASSES:

Wednesdays: 5:30pm (Free to Veterans & Responders)

COME GET YOUR REPS IN AT THE "RUPE"!

***Your first two group classes or 1 week of Open Gym are FREE on us!
Check out our facility located at 770 Pelham Rd. in Greenville.***

*Membership discounts available for military, veterans,
first responders, healthcare workers, and families.*

Key fob access available to paying members.

**SCAN FOR
MEMBERSHIP INFO!**



B2L Main Contact
Lindsay Escher | lescher@uws.us



GYM SCHEDULE

WARRIOR FITNESS CLASSES:

(with Coach Taylor)

Monday - Friday:

5:00am, 6:00am

BARBELL CLUB

(free & open to the community)

Tuesday: 6:00pm

Saturday: 7:00am

OPEN GYM: (No trainer present)

Monday - Thursday: 8:00am - 6:00pm

Friday: 8:00am - 5:00pm

(Paying Members Access: 24/7)

YOGA CLASSES:

Wednesdays: 5:30pm

(free & open to the community)

GENERAL PUBLIC MEMBERSHIPS/VISITS

- Single Warrior Fitness Membership: \$100/month
- Couples Warrior Fitness Membership: \$180/month
- Single Open Gym Access Only: \$40/month
- Couples Open Gym Access Only: \$55/month

VETERAN, FIRST RESPONDERS, TEACHER, HEALTH CARE WORKER MEMBERSHIPS/VISITS

- Single Warrior Fitness Membership: \$80/month
- Couples Warrior Fitness Membership: \$150/month
- Single Open Gym Access Only: \$30/month
- Couples Open Gym Access Only: \$45/month

SCAN TO BECOME
A MEMBER!

COME GET YOUR REPS IN AT THE "RUPE"!

B2L Main Contact
Lindsay Escher | lescher@uws.us





COME GET YOUR REPS IN AT THE "RUPE"!

**FREE ONE-ON-ONE PERSONAL TRAINING
OR
ONE MONTH OF FREE UNLIMITED GROUP CLASSES!**

GYM SCHEDULE

WARRIOR FITNESS & BARBELL CLASSES:

(with Coach Taylor)

Monday - Friday:

5:00am, 6:00am

Barbell Club

Tuesday: 6:00pm

Saturday: 7:00am

OPEN GYM *(No trainer present)*

Monday - Thursday: 8:00am - 6:00pm

Friday: 8:00am - 5:00pm

YOGA CLASS

(No Cost)

Wednesdays: 5:30pm



**SCAN TO BECOME
A MEMBER!**



B2L Main Contact
Lindsay Escher | lescher@uws.us